

Hello Canes!

Are you interested in swimming or Diving for GHS? If so, here is some important information for you:

1. First day of practice will be August 9th, practices will be at the NE Pool from 3:30-5:00 PM for swimming & diving 3:30-5:00 at Mickle Pool.

2. The link for all your forms that you need to fill out and complete (prior to your first practice) is here:

https://www.teamunify.com/Newsletter.jsp?_tabid_=84269&team=rechsghs

3. You can turn in those forms on the 28th of July from 5:30 - 6:00 PM at the NE Pool. If you are unable to turn them in on that date you will need to turn them in on the 1st day of practice.

4. For more information, including this season's schedule is on our webpage here:

https://www.teamunify.com/Home.jsp?_tabid_=0&team=rechsghs

5. If you have any questions, please feel free to call Coach Kraus at 304-360-3478

Thanks and Go Canes!!!

Coach Kraus